Native Atlantan is a stroke survivor who writes books with one finger typing.

Cumming, GA — April 2021

His latest book is 52,539 words. Since about eighty thousand words is much more common, Ronnie's most recent book is not considered long. Yet, one finger typing demands a high price for each word.

Authors know the pain of a thorough editing process. Skilled professionals scrutinize every word. The result for Ronnie is more pecking with one finger as chapters are



partially or completely rewritten. Some paragraphs, pages, and even entire chapters are unceremoniously discarded altogether.

It is a painful process. However, the goal of an enhanced reader experience requires such ruthlessness.

Once again the index finger on his non-dominate left hand deposits repeated fingerprints corresponding to each letter on his iPad's touchscreen keypad. He smiles as he recalls how he tried to clean the smudges off his first iPad only to discover they were actually slight indentions worn in the surface of the screen protector.



An obvious question comes to mind: "Why not use dictation software?" His response reveals a deeper struggle: "Partial paralysis in my mouth, tongue, and throat cause a speech impediment. Recent software advancements are getting better, but the result of my distorted pronunciation ends up requiring so many corrections I am usually worse off." Anyone who has been victimized by the "autocorrect" on their smartphone understands the limits of modern technology.

A major stroke rocked his world. One day, his eyes opened to dizziness and sweating even before the sun started to lighten the day. He went straight to the emergency room. The hospital staff worked diligently, but the following afternoon his neurologist confirmed everybody's fear as he stood at the foot of his bed and uttered, "You had an ischemic stroke in the left midbrain."

Paralysis had immobilized his right side. Tiny involuntary eye movements made dizziness his new normal. The scariest symptom was the inability to swallow. It would require four months on a feeding tube and another twenty months of daily therapy before he could swallow enough calories to halt the death spiral of weight loss.



Ronnie's latest book tells his life journey. It is impossible to paint him with a single brush. He lived outside the United States for more than a decade. He is fluent in English and Spanish; plus he has a limited knowledge of the Quechua language. He has served as a police chaplain in the United States. Ronnie has owned multiple motorcycles and has ridden them on two continents. He was once held at gun point in the dark while riding his motorcycle in Peru.

His life story is full of joy, yet punctuated by challenges. He begins his account with his father's cancer diagnoses when Ronnie was only sixteen. He describes his engaging journey across the decades of life. At times the events will bring a smile or laugh, while others touch something deep within as the raw edges of disappointment and loss shower like rain in the storms of life.

Real events test his faith. A career in ministry, including years as a missionary living in Peru, did not provide protection from pain and loss. He is transparent about the highs and lows. He invites readers to join the journey.

The title of his book is, Beyond My Strength. It is not the miracle he prayed for, it is something far better.

Ronnie Fox Author of *Beyond My Strength*



More information and additional image are available at <u>BeyondMyStrength.com</u> Videos are available at: Ronnie's Youtube Channel

Beyond My Strength - Book Trailer (1 minute 5 seconds)



Learning to swallow again ... (10 seconds)



BeyondMyStrength.com - Video (17 seconds)



Beyond My Strength - Book Video (17 seconds)



12 other videos on the Youtube Channel